



THERAPEUTIC MASSAGE SPECIALIST

KNOW THE WHY...MASTER THE HOW.



ALASKA CAREER COLLEGE

Life Changing, Career Training for over 30 Years!

Use your compassion and natural abilities to heal with the proven therapies of massage. Create a real-world business plan and portfolio, and use it to start your own practice or join a professional team in a clinic or spa.

You will learn to become a professional massage therapist with in-depth training and practical hands-on experience.

Practice your skills in the college's professional therapeutic massage student clinic by completing 80 professional massages—well beyond typical massage programs. Build your own clientele in the college graduate massage clinic. Students also receive an Amazon Fire HD8 Tablet with a comprehensive library and additional resources.

Earn your diploma and certifications in 9 to 14 months.

Learn More About This Program:

CALL NOW! 907.563.7575

OFFICE 1415 E. Tudor Road, Anchorage, AK 99507

TOLL FREE 800-770-7575 FAX 907-563-8330

EMAIL Careers@AlaskaCareerCollege.edu

WEB AlaskaCareerCollege.edu



Find Us On Facebook!

EARN CERTIFICATIONS

First Aid, CPR, Basic Life Support for Health Care Professional with AED

Massage and Body Work Licensing Examination (MBLEX)

State Specific Licensing Assistance

HIPAA / Blood Born Pathogens

Thought Patterns for Successful Careers

EMPLOYMENT OPPORTUNITIES

Physicians Offices and Clinics

Chiropractic Offices

Physical Medicine and Rehabilitation Clinics

Assisted Living Centers and Retirement Homes

Hospitals

Long Term Care Centers

Spas, Health and Fitness Clubs

Resorts and Hotels

Private Practice

Mobile Therapy

THERAPEUTIC MASSAGE SPECIALIST

Specialized Courses

- Microsoft Windows, Excel
- Business Plan Portfolio
- Therapeutic Massage Student/ Graduate Clinic
- Personal Financial Management

Administrative Competencies

- Client Rapport and Confidentiality
- Health Insurance Portability and Accountability Act (HIPPA) Compliance Documentation
- Client History and Documentation
- Insurance Billing and Collections
- Medical Terminology
- Medical Law and Ethics
- Records Management
- Appointment Scheduling
- Professional Communication
- Electronic Test Preparation
- Spa Management (Supply Ordering, Inventory Control, Stock Room Exam and Therapy Room Setup)

Added Values

- Amazon HD8 Fire Tablet

Clinical Competencies

- Anatomy, Physiology and Pathology
- Body Mechanics, Yoga & Tai Chi
- Indication/Contraindication Awareness
- Body Movement
- Aromatherapy & Essential Oils
- Hydrotherapy Techniques
- Spa Management and Techniques
- Therapeutic Exercise and Client Education
- Kinesiology and Biomechanics
- Effleurage/Petrissage/ Tapotement
- Traditional Chinese Medicine

Specialty Massage Techniques

- Swedish Massage Therapy
- Neuromuscular Therapy
- Athletic/Sports Massage
- Myofascial Release
- Full Body Massage
- Structural Integration
- Chair Massage Reflexology
- Deep Tissue Massage
- Shiatsu Massage
- Acupressure Massage
- Cranio-Sacral Approaches
- Hydrotherapy
- Hot Stone Massage

Services and Resources

- Business Development
- Business Portfolio
- Professional Business Cards
- Business Practices and Marketing
- Nationwide Job Placement Assistance
- Resumes and Job Search Organizer
- Thought Patterns for a Successful Career Course
- Campus-wide WiFi
- Associated Bodywork and Massage Professionals (ABMP)
- American Massage Therapy Association (AMTA)

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